

# Cultivating a Christ Centered Marriage: a TEAMS approach



February 16-18, 2023 San Pedro Center • Orlando, FL

# TeamsOfOurLady.com

Enriching

Marriage Spirituality

And Making

Good Marriages

Better!

### **WELCOME**

## Welcome to the Annual Teams of Our Lady Retreat!

We are blessed and privileged that you are able to attend this retreat at the beautiful San Pedro Center, Orlando, FL. This weekend was planned with the intention to cultivate for you a Christ centered marriage through the gift of Teams of Our Lady. When you think of belonging to a team, every member is important and works together to achieve the goal. There is no "i" in the word "team". We all strive for our endeavors and encourage one another to aim toward faith and holiness. We hope this weekend will rejuvenate your Love and commitment to Christ, to your marriage, and to one another.

We have asked for the intercession of Mary, Queen of Teams for each of you this weekend.

Peace to all of you,

Teams of Our Lady Orlando, FL

## **AGENDA**

		A > /
ы	ΚI	AΥ

6:00PM	BLD 500	Dinner
6:45PM	BLD 100	Opening Prayer
		Prayer: Fr. Ben Lehnertz

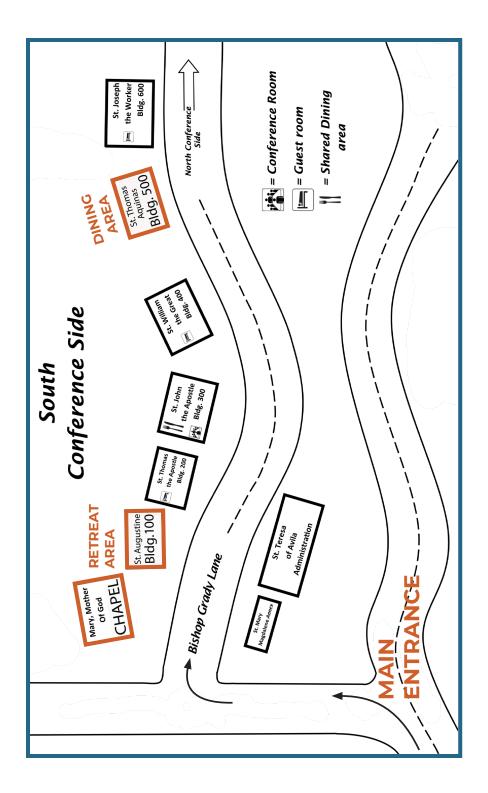
#### SATURDAY

9:00PM BLD 500 Social

8:00AM 8:45AM	BLD 500 BLD 100	Breakfast <b>Healthy Habits of a Marriage:</b> Andy Sojourner <b>Life in TEAMS:</b> Jack & Mary Pulick
		Reading of the Word: Fr. David Scotchie
12:00РМ	BLD 500	Lunch
1:00PM	CHAPEL	Reconciliation   Adoration   Sit Down
4:00PM	CHAPEL	Mass
5:00PM	BLD 100	Personal Meditation: Fr. Miguel Gonzalez
6:00PM	BLD 500	Dinner
8:00PM	BLD 500	Social

#### **SUNDAY**

8:00AM	BLD 500	Breakfast
9:00AM	BLD 100	Couple Activity: Victoria Knight
		Marriage and the Eucharist: Frances Stadler
11:30AM	BLD 100	Evaluation
		Closing Prayer



#### **SPEAKERS**



#### **Reverend Fr. Benjamin Lehnertz**

Father Benjamin is the Pastor of St Joseph Catholic Church in Orlando. After his seminary formation at St. John Vianney College Seminary in Miami and St. Vincent de Paul Regional Seminary in Boynton Beach, he was ordained a priest of Jesus Christ for the Diocese of Orlando in May of 2013. Father Benjamin has a passion for making disciples for the Lord Jesus in whatever way the Lord may call him.



#### Reverend David Scotchie, D.Min.

Father David Scotchie is the pastor of Nativity Catholic Church, Longwood, Florida. Ordained in 1993 for the Diocese of Orlando, he has served in six parishes and as the campus minister at the University of Central Florida. "My priesthood is to show and tell in word and deed how much the Lord loves us so that we live in friendship with God and in solidarity with one another. As Jesus said, 'I came so that they might have life and have it more abundantly" (John 10:10).



#### **Andy Sojourner**

Andy Sojourner is the Director of Trademark Schools for Memoria Press, a Classical Education publisher. Prior to this, he spent nearly two decades in ministry and Catholic education. Andy graduated from Florida State University with a B.A. in History and holds a Master's Degree in Educational Leadership from St. Leo University. He has been married to his wife, Lisa, for 13 years and is the father of four children. Andy enjoys reading, football, spending time with his wife and children, and daydreaming about becoming a farmer.



#### Fr. Miguel González

Father González was ordained May 23, 1998, at St. James Cathedral, Orlando where he currently serves as rector. He has served as parochial vicar, then pastor of St. John Vianney Parish, Orlando, headed the Spanish TV Mass ministry, served as spiritual director of the Spanish Cursillo movement, and was the vocations director for the Diocese from 2004-2011. He was also an active radio host on Radio Paz and on Buena Nueva FM. In early October of 2016, Bishop John Noonan named him Rector/ Administrator of St. James Cathedral Parish. In addition to his parish duties, Father González is the diocesan and national spiritual advisor to the Council of Catholic Women. He serves on the board of directors of Bishop Grady Villas, a residential community and outreach for adults with disabilities. He also serves as vicar of clergy, member of the Diocese of Orlando Priests' Personnel Board, and member of the Diocese of Orlando Presbyteral Council.



#### **Jack & Mary Pulick**

The Pulicks have been married for 58 years and members of Teams for 53 years. They were in a Team on Long Island from 1971 - 2005. After moving to Florida, they were able to begin Teams in Palm Coast in March 2007. They have 8 biological, one adopted and 7 foster daughters and 17 grand children. Their family is their life's joy and although they live all over the world, they see each as often as they can. "Teams of Our Lady has enabled us to remain grounded in our Catholic Faith through the ups and downs of our marriage and family during these many years. We always enjoy times when we can come together with other Teams' Couples and Priests in our own Team, in Florida and beyond. Given the challenges of marriage in the world today, it cheers us to see so many young and seasoned couples being drawn by the Blessed Mother to celebrate their sacrament of marriage in such a life-giving way to each other and the world."



#### Frances Stadler, MA Theology

Frances is the Director of Faith Formation & Family Life at Most Precious Blood Catholic Church, in Oviedo, FL. She is a founding member of her parish and began as the Marriage Preparation Coordinator when it first opened 18 years ago. Prior to working for the Church, Frances was an aerospace engineer, with undergraduate degrees in Aerospace Engineering and Physics. She worked as a NASA contractor at the Kennedy Space Center. She currently directs a faith formation program for children in kindergarten through 12th grade. In addition to her work in children's formation, Frances continues to prepare couples for the Sacrament of Marriage, utilizing a Marriage Catechumenate model she developed. She has a passion for family life and youth ministry. Frances and her husband Ed will celebrate 30 years of marriage this year. They have 3 children.



#### Victoria Knight

Victoria is a trained spiritual director and expressive arts facilitator. She is a 2015 graduate of and current faculty lead and instructor for Audire: The Central Florida Foundation for Spiritual Direction. In 2022, she completed a two- year certification in expressive arts facilitation from Expressive Arts Florida Institute. She and her spouse, Tim, have participated in Teams of Our Lady since 2010. Her passion is helping other's encounter 'the Holy' through creative expression and spiritual direction both individually and in small groups. She enjoys being in nature, creating, spiritual reading and spending time with her family. She is currently a member of St. Joseph Catholic Church and resides in Orlando, Florida.

#### THE ENDEAVORS



The aim of the endeavors is to keep couples focused on growth in mutual love and love of God.

Regular reading of Scripture
Daily period of meditation
Daily conjugal and family prayer
Monthly Sit Down
Rule of Life
An annual Team retreat

### ADDITIONAL RESPONSIBILITIES

Pray the Magnificat prayer daily
Attend the monthly meetings
Prepare for the study topic
Make an annual contribution for the growth and sustenance of Teams
Read the Teams of Our Lady newsletter

#### **TEAMS WORLD MAP**



Located in 90 countries! 12,965 Teams 66,403 Couples 9,044 Spiritual Counselors/Priests

USA ONLY 838 Teams in 40 states 4490 Couples 335 Spiritual Counselors/Priests

#### **NEW INTERNATIONAL LEADERSHIP**



#### **USA SUPER REGION PROVINCES**

Regions Northwest Western

#### Regions Central Lake Michigan Midwest North Central



#### Regions

Coastal Lake Erie Metro (NY) Mid-Atlantic New England

#### Regions East Texas

LA/AR North TX/OK West TX/NM Southeast

#### **South Province Couple**



Mike & Trice Towns

# Southeast Regional Couple Fabio & Camila Cris



Fabio & Camila Cristino Alabama, Florida, Georgia & Mississippi

## **GUIDELINES FOR THE SITDOWN**

#### **NAVIGATE TOGETHER**

#### WHERE ARE YOU GOING ON YOUR PATH TO HOLINESS?

"Before you undertook to build a home together, you compared your points of view, weighed your material and spiritual resources and elaborated a set of plans. But since you have been at your task of marriage, have you overlooked the need to sit down together, to examine the work accomplished, to rediscover your ideals and consult the Master Builder?"

Fr. Henri Caffarel

**PLAN IT...** Make a date each month. Schedule at least 45 minutes.

**PREPARE IT...** Make a list of important things you want to discuss.

#### Find a quiet place

Somewhere that is peaceful and good for talking. No phones. Try to avoid home (too many reminders of daily obligations).

#### **Pray Together**

Face each other and join hands. Express a personal prayer or ask the Holy Spirit to guide your time together.

#### **Individual Sharing**

Each takes a turn to share personal reflections while the other actively listens.

#### **Discuss your Marriage**

Share with one another what areas are going well and what areas are causing disagreements. Are there any work or finance concerns interfering with the marriage?

Are there outside activities that are encroaching on the marriage?

Are there areas that need more attention?

#### **Pray/Discuss Children**

Discuss joys and struggles you face as a parent.

Are there any concerns that are interfering with the marriage?

#### Wrap Up

Any other items that need to be discussed?

If none, join hands and pray in silence

#### **Concluding Prayer**

Thank God for the gift of your love and your sacrament. Pray for each other. This time is a true blessing for your marriage!

## Magnificat

My soul proclaims the greatness of the Lord and my spirit exults in God my Savior; because He has looked upon His lowly handmaid.

Yes, from this day forward all generations will call me blessed, for the Almighty has done great things for me, Holy is His name, and His mercy reaches from age to age for those who fear Him.

He has shown the power of His arm,
He has routed the proud of heart.
He has pulled down princes from their thrones
and exalted the lowly.
The hungry He has filled with good things,
the rich sent empty away.

He has come to the help of Israel His servant, mindful of His mercy according to the promise He made to our ancestors of His mercy to Abraham and to His descendants forever.

Our Lady Queen of Teams

Pray for us